

Athletics Info A

1. Competition Management

a. Technical committee

- i. Each Sport has a Technical Committee which is responsible for the Competition and leads the Technical Meeting
- ii. The Secretary of the Technical Committee for Athletics is:
Mr. Charlie Cottam
e-mail: ccottam@cwgsy.net

b. Rhodes 2007 Competition Management Team

i. Team description:

Athletics Coordinator: George Michalakis
e-mail: gmichalakis@rhodes2007.info
Mobile: +306977430468

Athletics Administrator: George Rakopoulos
e-mail: grakopoulos@rhodes2007.info
Mobile: +306974789901

Athletics Administrator: Ilias Kelis
e-mail: ikelis@rhodes2007.info

ii. Resume Sport Coordinator

George Michalakis and his team are responsible for organising the Athletics Competition for the NatWest Island Games Rhodes 2007 XII. He is the Technical Delegate of the Local Athletics Association involved with athletics many years and was part of the delegation at the Gotland Island Games.

2. Rules

- a. IF rules. The Competition of all sports at the Rhodes 2007 NatWest ISLAND GAMES will follow the International rules set by the respective International Federation. The IF rules for Athletics can be read in the website under the address: www.iaaf.org
- b. By laws. According to the IGA Constitution separate rules for the Island Games are written and revised by the Technical Committee after the end of the last Island Games Competition. The IGA Executive Committee is responsible to approve any changes. The finals bylaws approved for the Rhodes 2007 NatWest Island Games and were published in October 2006 by IGA are:

Athletics By-laws

1 Competition Rules

- 1.1 The Athletics events are to be organised under IAAF rules.

1.2 Age Limits

- 1.2.1 The minimum age limit for both male and female competitors will be 15 years and for the Half Marathon 18 years as at the 1st of June in the year of the particular Games at which such competitor wishes to compete. No dispensation will be given.

2 Athletics Programme

- 2.1 A programme of events shall be chosen from the following events:

Men:	100m	10000m Walk	Pole vault	Javelin
	200m	110m Hurdles	High Jump	Discus
	400m	400m Hurdles	Long Jump	Shot Putt
	800m	4 x 100m Relay	Triple Jump	Hammer
	1500m	4 x 400m Relay		
	5000m	Half-Marathon		
	10000m	3000m Steeplechase		
Women:	100m	3000m Walk	Pole Vault	Javelin
	200m	100m Hurdles	High Jump	Discus
	400m	400m Hurdles	Long Jump	Shot Putt



800m	4 x 100m Relay	Triple Jump	Hammer
1500m	4 x 400m Relay		
5000m	Half-Marathon		
10000m	3000m Steeplechase		

3 Programme Timetable

3.1 The following timetable should be followed as closely as possible, taking into account the prevailing weather and humidity conditions of the Host Island. In general, heats and preliminary rounds should be held in the morning, with all finals taking place in late afternoon and evening.

Men:	Day 1	(normally Sunday)
	200m	Hammer (safety factors might mean this has
	400m Hurdles	to happen before other events)
	Half Marathon	High Jump
	Day 2	
	800m	Shot Putt
	3,000m Steeplechase	Long Jump
	Day 3	
	5,000m	Relay Heats (evening)
	Day 4	
	400m	Pole Vault
	110m Hurdles	Discus
	Day 5	
	100m	Javelin
	1,500m	Triple Jump
10,000m	Relay Finals	
Women:	Day 1	(normally Sunday)
	100m	Shot Putt
	110m Hurdles	Triple Jump
	Half Marathon	
	Day 2	
	400m	Pole Vault
	1,500m	Javelin
	Day 3	
	3,000m Steeple Chase	Relay Heats (evening)
	Day 4	
		5,000m Hammer (safety factors might mean this has
		400m Hurdles to happen before other events)
		Long Jump
	Day 5	
	200m	Discus
800m	High Jump	
10,000m	Relay Finals	

4 Island representation

- 4.1 Individual Events: 2 competitors
- 4.2 Relays: 1 Team - 4 competitors
- 4.3 Half Marathon:

A team consists of a minimum of 2 runners and a maximum of 3 runners. The first two of each team to finish shall count, but all three runners will receive a medal if they finish. Single entries will count for the individual event only. The method of calculating the team score for the Half Marathon shall be on the position of the finishers. In the event of a tie, the team whose second runner finished first would be the winner.

5. Competition Officials

5.1 **The Chief Officials should be of the following minimum standard:**

Starter	(British Athletics Federation BAF Grade 2 or equivalent in host country)
Field Referee	(BAF Grade 1, or equivalent in host country)
Track Referee	(BAF Grade 1, or equivalent in host country)
Timekeeper	(BAF Grade 1, or equivalent in host country)
Race Walking; 3 Judges	(if the event is included)



3. Competition Facilities

a. Description:

- i. The athletics track and field is part of the Kalipatira Sports Complex. It's a new built facility.
- ii. The Half Marathon course is appointed and already successfully tested at the first test event held in the beginning of June 2006. You can view the map of the course separately in the athletics page.

b. All competition venues will open on the 29 June 2007 and will close according to the end of Competition of each sport.

4. Extra Services

- a. Water will be available for the athletes for each event competition. Athletes will receive their bottle of water from the Games office before each event competition. For the Half Marathon water will be provided at the start, finish and at the water stations across the course.
- b. In order to provide our participating islands the best possible service, there will be a weather forecast distributed on the beginning of every day's session at the venue and at the Sports Information Centre.

5. Competition Clothing

We encourage the member islands to provide light clothing to their athletes and caps for the protection of the sun while training and warming up. We also encourage the member islands to print the initials of the island in the back of the T-shirts for the spectators to follow the competitions better. Bibs will be provided for all athletes.

6. Transportation

Transportation during the Rhodes 2007 NatWest Island Games is organised and provided, to accredited persons, by the Organising Committee. Transportation services begin for the arrival of the teams until their departure. Officially, the transportation to the Venues and the Games Village will start on the 29 July until the 6 July 2007. A transport plan has been organised and includes Transport from and to the Airport, four Shuttle Bus lines, direct transport to venues as well as direct transport to venues not included in the shuttle lines. The organising committee will try to fulfill all transport needs to and from the venues according to the needs of each Sport.

7. Sport Party

It is tradition in the Island Games history that each sport does its own separate party. The Athletics Sport Party will take place on Wednesday 4 July at 23:00.

8. Test Event

For the best preparation of the Rhodes 2007 NatWest Island Games the Organising Committee will cooperate with the local sport organisations to organise events to test the planning of the Games. A test event for Athletics is planned to be organised June. It depends on the finalization of the facility.