

Cycling Info A

1. Competition Management

a. Technical committee

- i. Each Sport has a Technical Committee which is responsible for the Competition and leads the Technical Meeting
- ii. The Secretary of the Technical Committee for Cycling is:
Mr. Gary Hinds
e-mail: garyhinds@manx.net

b. Rhodes 2007 Competition Management Team

i. Team description:



Cycling Coordinator: George Vogiatzis
e-mail: gvogiatzis@rhodes2007.info
Mobile: +306944572861

Cycling Administrator: Jannis Mastoridis
Mobile: +306979574075
e-mail: jmastoridis@rhodes2007.info

ii. Resume Sport Coordinator

George Vogiatzis and his team are responsible for organising the Cycling Events for the NatWest Island Games Rhodes 2007 XII. For many years he was a cycling athlete and later on became involved in organising Cycling Events. Heading the organisation of all nine "Tour of Rhodes" events, he is considered the most experienced person in organising cycling events.

2. Rules

- a. IF rules. The Competition of all sports at the Rhodes 2007 NAT WEST ISLAND GAMES will follow the International rules set by the respective International Federation. The IF rules for Cycling can be read in the website under the address: www.uci.ch
- b. By laws. According to the IGA Constitution separate rules for the Island Games are written and revised by the Technical Committee after the end of the last Island Games Competition. The IGA Executive Committee is responsible to approve any changes. The finals bylaws approved for the Rhodes 2007 NatWest Island Games and were published in October 2006 by IGA are:

Cycling By-laws

1 Rules of Competition

- 1.1 The competition will be open to riders of National Federations that are affiliated to Union Cycliste Internationale (UCI).

2 Competition Events

- 2.1 Recommended Programme, Events and distances to be:

Discipline	Recommended Day	Recommended Distances	
		Women	Men
Time Trial	Sunday	30 – 40 Km	40 – 50 Km
Mountain Bike Criterium (The whole course to be Rideable)	Monday	30 – 40 Mins	45 – 60 Mins
Road Race	Wednesday	60 – 75 Km	100 – 120 Km
Mountain Bike Cross Country	Thursday	75 – 90 Mins	100 – 120 Mins
Road Criterium	Friday	30 – 40 Mins	45 – 60 Mins

+ 5 laps

+ 5 laps

RHODES 2007, SCHEDULE FOR NatWest Island Games, Rhodes 2007, IS CHANGED – TOWN CENTER SUNDAY, MTB CRIT MONDAY, ROAD RACE TUESDAY, MTB CROSS COUNTRY WEDNESDAY, TIME TRIAL THURSDAY

- 2.2 Length of Individual Road Race to be at the discretion of the organiser dependent on the topography.
2.3 The last event to be the Individual Town Criterium with the distribution of other events to be at the discretion of the organiser.

RHODES 2007, TOWN CENTER CRIT IS ON SUNDAY, THE FIRST DAY, FOR THE NatWest Island Games Rhodes2007, after the approval of the IGA.

- 2.4 The events must take place at a suitable time, taking into account local conditions.
2.5 Any races that are offered to one gender must also be offered to the other gender.

3 Island Representation

- 3.1 An Island Team, to participate in the road events listed in 2.1(1), 2.1(2), and 2.1(3) shall consist of a maximum of 5 male competitors and 3 female competitors. (Which shall be the same 5/3 competitors for each event.)
3.2 An island team to participate in the Mountain Biking Cross Country listed in 2.1(4) shall consist of a maximum of 5 male competitors and 3 female competitors.
3.3 It shall be permissible for a road competitor or a mountain bike competitor to ride the other discipline provided that the overall team size of 5/3 is not exceeded in either discipline.

4 Optional Events

- 4.1 A host island may offer other cycling events (such as MTB Criterium) if approved by the IGA Cycling Technical Committee and the IGA Executive Committee.
4.2 The competitors for any optional event shall be those competitors comprising an Island Team as set out in 3.1 or 3.2. No additional competitors shall be permitted.
4.3 Any optional event offered to one gender must be offered to the other gender.

5 Competitor Affiliation

- 5.1 All competitors must be holders of a current valid UCI recognised racing licence. If applicable, the licence must be endorsed by their National Governing Body for overseas/international competition.
5.2 The Competition is open to riders of National Federations that are affiliated to the UCI.

6 Age Limits

- 6.1 The minimum age limit for cycling competitors will be:
(1) Male: 18 17 years in the year of the event providing this is in line with the regulations of the host country
(2) Female: 17 years in the year of the event.
(3) No dispensation will be allowed.

7 Seeding

- 7.1 The reigning champion of the Time Trial to be the last seeded rider.

8 Competition Officials

- 8.1 For events specified in 2.1 and any optional events, the following officials will be required:
(1) 1 UCI qualified Commissaire or a National or Divisional Commissaire
(2) If required by the National Federation:
(a) An additional Commissaire or assistant Commissaire
(b) A timekeeper or assistant timekeeper.
(3) Such other officials as the host island shall provide for the smooth running of the events.

Rhodes 2007 NatWest Island Games Cycling Competition Rules details:

1 Rules of Competition

- 1.1 The competition will be open to riders of National Federations that are affiliated to Union Cycliste Internationale (UCI).

2 Competition Events

- 2.1 The Rhodes 2007 Cycling Events programme has been organized and timed to take account of the anticipated heavy tourist traffic and expected hot weather conditions.
2.2 Race licenses must be handed in by Team Managers at the Pre-Games Technical Meeting on Sunday 1st July. The Race Licenses will be returned at the post-Games Technical Committee on the 6th July.
2.3 Riders to collect race numbers at each event Headquarters at least 30 minutes before the start of each event

2.4 There will be a race briefing by the Commissaire for all riders, managers, officials and marshals at least 15 minutes before the race start at event headquarters.

2.5 Hard shell helmets must be worn in all events.

3 Island Representation

3.1 An Island Team, to participate in the road events shall consist of a maximum of 5 male competitors and 3 female competitors. (Which shall be the same 5/3 competitors for each event.)

3.2 An island team to participate in the Mountain Biking Cross Country shall consist of a maximum of 5 male competitors and 3 female competitors.

3.3 It shall be permissible for a road competitor or a mountain bike competitor to ride the other discipline provided that the overall team size of 5/3 is not exceeded in either discipline.

4 Competitor Affiliation

4.1 All competitors must be holders of a current valid UCI recognised racing licence. If applicable, the licence must be endorsed by their National Governing Body for overseas/international competition.

4.2 The Competition is open to riders of National Federations that are affiliated to the UCI.

5 Age Limits

5.1 The minimum age limit for cycling competitors will be:

- (1) Male: 17 years in the year of the event providing this is in line with the regulations of the host country
- (2) Female: 17 years in the year of the event.
- (3) No dispensation will be allowed.

6 Seeding

6.1 The reigning champion of the Time Trial to be the last seeded rider.

3. Competition Facilities and Notes for Competitors

The cycling events will be held in different parts of the island. All circuits have been used before in the "Tour of Rhodes" international event with the participation of many professional cyclists. The mountain bike facility has been also used before for local mountain bike races.

Road Criteriums

1. Event Headquarters open at 1600 hrs
2. All officials and marshals to report by 1700 hrs
3. Service – each island will be allocated a slot in the pit lane and up to 2 persons for assistance. Neutral service will also be available
4. With 5 laps to go the pit lane will be closed
5. No time-out laps will be permitted in the last 4 laps of either event
6. Medal ceremony

Mountain Bike Criteriums

1. Event headquarters at Ayia Soulas open at 1400
2. All officials and marshals to report by 1500 hrs
3. Please collect MTB plate number and jersey number when signing in
4. Drinking water will be available
5. Ample parking available at the race headquarters
6. Public toilets available at the venue
7. Each team at the race start will line up behind one of their nominated riders
8. No mechanical assistance will be permitted during the race

Road Races

1. The event headquarters for the ladies' race will be open from 0800 hrs
2. All officials and marshals to report by 0830 hrs
3. The event headquarters will be at the race finish area in Pefkos.
4. Both events will start in Lindos with the first 4.2 kms to Pefkos being neutralized.
5. Both races will be conducted as rolling road closures with closed sections at the finish. For your own safety, riders must be vigilant and keep to the right side of all main roads.

6. A neutral service vehicle will be provided for each race.
7. The event headquarters for the men's race will open at 1400 hrs

Mountain Bike Cross Country Races

1. Event headquarters at Ayia Soulas open at 1400
2. All officials and marshals to report by 1500 hrs
3. Please collect MTB plate number and jersey number when signing in
4. Drinking water will be available
5. Ample parking available at the race headquarters
6. Public toilets available at the venue
7. Each team at the race start will line up behind one of their nominated riders
8. No mechanical assistance will be permitted during the race
9. Feeding allowed on all laps just after the start/finish area

Individual Time Trials

1. Event headquarters at Gennadi will be open from 1400 hrs
2. All officials and marshals to report by 1500 hrs
3. Only one rider per team in the ladies event and one rider per team in the men's event may have a following car
4. Competitors will start at intervals of one minute.
5. Competitors must ride entirely alone and unassisted. They must not ride in company with, nor take shelter from, any other rider or from any vehicle on the road. If one competitor overtakes another he must pass as widely as possible and no shelter shall be given or received. The onus of avoiding riding in company shall be upon the rider overtaken who must drop back by at least 25 meters.

4. Competition Clothing

We encourage the teams to print the initials of their island on the back of the T-shirt of competitors to help spectators follow the competition easily.

5. Extra Services

- a. Water will be provided by the organising committee
- b. In order to provide our participating islands the best possible service, there will be a weather forecast distributed on the beginning of every day's session at the venue and at the Sports Information Centre.
- c. Storage areas will be provided for the teams at the Hotels to store their bikes and equipment

6. Transportation

Transportation during the Rhodes 2007 NatWest Island Games is organized and provided, to accredited persons, by the Organising Committee. Transportation services begin for the arrival of the teams until their departure. Officially, the transportation to the Venues and the Games Village will start on the 29 July until the 6 July 2007. A transport plan has been organized and includes Transport from and to the Airport, four Shuttle Bus lines, direct transport to venues as well as direct transport to venues not included in the shuttle lines. The organising committee will try to fulfill all transport needs to and from the venues according to the needs of each Sport.

7. Sport Party

It is tradition in the Island Games history that each sport does its own separate party. The Sport party for cycling will take place on 5 July at 22:00h.